



Corona Virus Precautions

09 March 2020

Information about the virus

A coronavirus is a type of virus. As a group, coronaviruses are common across the world. COVID-19 is a new strain of coronavirus first identified in Wuhan City, China in January 2020.

The incubation period of COVID-19 is between 2 to 14 days. This means that if a person remains well 14 days after contact with someone with confirmed coronavirus, they have not been infected.

Signs and symptoms of COVID-19

The following symptoms may develop in the 14 days after exposure to someone who has COVID-19 infection:

- cough
- difficulty in breathing
- fever

Generally, these infections can cause more severe symptoms in people with weakened immune systems, older people, and those with long-term conditions like diabetes, cancer and chronic lung disease.

How COVID-19 is spread

There are 2 main routes by which people can spread COVID-19:

- infection can be spread to people who are nearby (within 2 metres) or possibly could be inhaled into the lungs.
- it is also possible that someone may become infected by touching a surface, object or the hand of an infected person that has been contaminated with respiratory secretions and then touching their own mouth, nose, or eyes (such as touching doorknob or shaking hands then touching own face).

There is currently little evidence that people who are without symptoms are infectious to others.

ACTIONS

The vast majority of interactions between shipboard personnel and port staff are perfectly safe and should not be discouraged, but some precautions can be taken to reduce any risk.

- Masters of any vessel with persons on board presenting symptoms above are required by law to report this on their Medical Health Declaration Form. Falmouth Pilot Services should also be notified.
- Masters of any vessels who do not have to complete a medical Health Declaration Form shall notify Falmouth Pilot Services/ Port Operations if any persons on board are presenting the above symptoms prior to arrival at the port.
- **In order to protect vessel crews as well as the pilots, the pilots have been instructed to maintain a suitable personal separation and to avoid shaking hands and any other unnecessary contact.**
- Vessels should implement heightened hygiene measures.
- All Falmouth Pilot Services personnel and pilots are practising heightened hygiene measures.

Agents are requested to ensure that masters of vessels intending to call at Falmouth are advised of these local requirements.

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